



# ASHG 2006 Award for Excellence in Genetics Education

**Roberta A. Pagon, MD**  
Principal Investigator, GeneTests  
Professor, Pediatrics  
University of Washington, Seattle



[www.genetests.org](http://www.genetests.org)

Information resource for healthcare providers to  
help integrate genetic services into patient care

**Located at**

University of Washington  
Seattle, WA

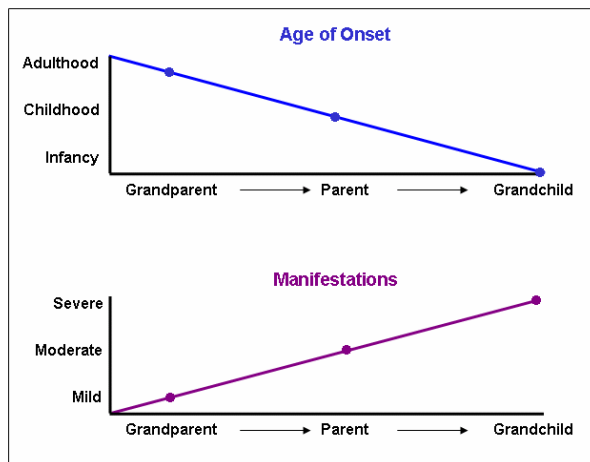
**Funded by**

National Institutes of Health

- **GeneReviews:** “User manual” for genetic testing for specific diseases
  - 360 *GeneReviews*
  - One new Review added each week
- **Laboratory Directory:** “Yellow Pages” of genetics labs
  - 600 Clinical and research laboratories
  - ~1225 Inherited diseases
  - ~930 clinical tests ~295 research only
- **Clinic Directory:** “Yellow Pages” of genetic services
  - 1100 clinics
- **Illustrated Glossary:** Genetic counseling and testing terms

# • Illustrated Glossary: Genetic counseling and testing terms

**anticipation:** The tendency in certain genetic disorders for individuals in successive generations to present at an earlier age and/or with more severe manifestations; often observed in disorders resulting from the expression of a **trinucleotide repeat mutation** that tends to increase in size and have a more significant effect when passed from one generation to the next



[Learn More](#)

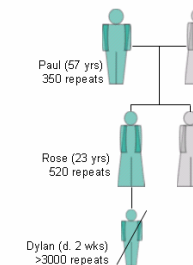
## Case Example

### Case Example (anticipation): Myotonic dystrophy

Paul is a 57-year-old man with myotonic dystrophy, a neuromuscular disorder caused by a trinucleotide repeat mutation inherited in an autosomal dominant manner. Paul noticed muscle weakness in his late 20s and now has difficulty opening jars and climbing stairs. His 23-year-old daughter, Rose, experienced onset of muscle cramping and weakness as a teenager. Her son, Dylan, born after a pregnancy complicated by polyhydramnios and poor fetal movement, was extremely hypotonic and expired at two weeks of age of respiratory failure. Trinucleotide repeat analysis of the *DMPK* gene reveals that Paul has 350 CTG repeats, Rose has 520 repeats and Dylan over 3000 repeats, consistent with the observed increase in severity of the disorder in subsequent generations.

#### Key

◆ = Myotonic dystrophy  
d = death



	<i>DMPK</i> gene CTG Repeats	Onset	Clinical Findings
Paul	350	3 <sup>rd</sup> decade	Myotonia, weak facial muscles, general muscle weakness
Rose	520	2 <sup>nd</sup> decade	Myotonia, weak facial muscles, general muscle weakness
Dylan	>3000	Prenatal	Severe weakness, respiratory failure

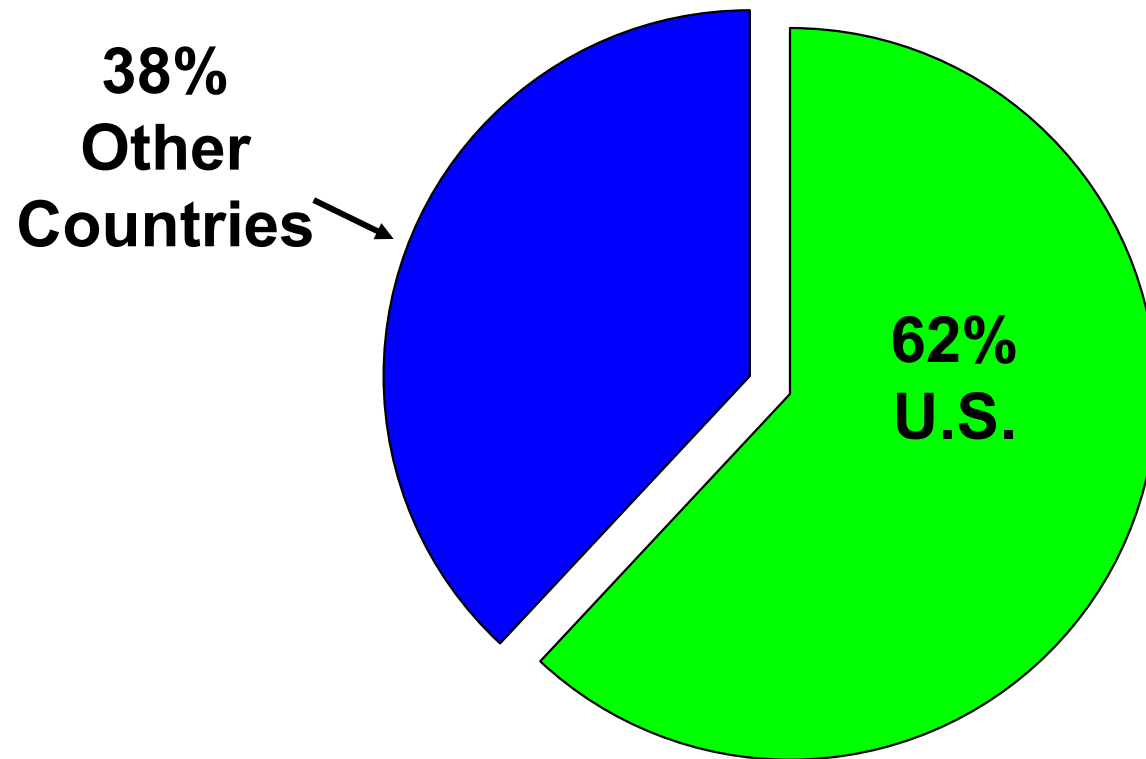
# Molecular genetic testing for inherited disorders

- **Test menu ever-changing**
  - New genes
  - New test methods
- **Many labs, each testing for a few diseases**
- **Molecular genetic test uses**
  - Medical care: Diagnosis, predictive testing (+Rx)
  - Personal decision-making: Predictive testing (-Rx), carrier testing, prenatal diagnosis, PGD

# **Integrating genetic services into patient care**

- **Acknowledgments**
- Education issues
- Help us improve GeneTests

**~800 International Expert Authors**



## **Authors**

- **No financial compensation**
- **Must**
  - Adhere to *GeneReviews* format, style
  - Respond to internal and external peer review
- **Two year term of authorship**
  - Revise when test availability/methods change
  - Update every two years

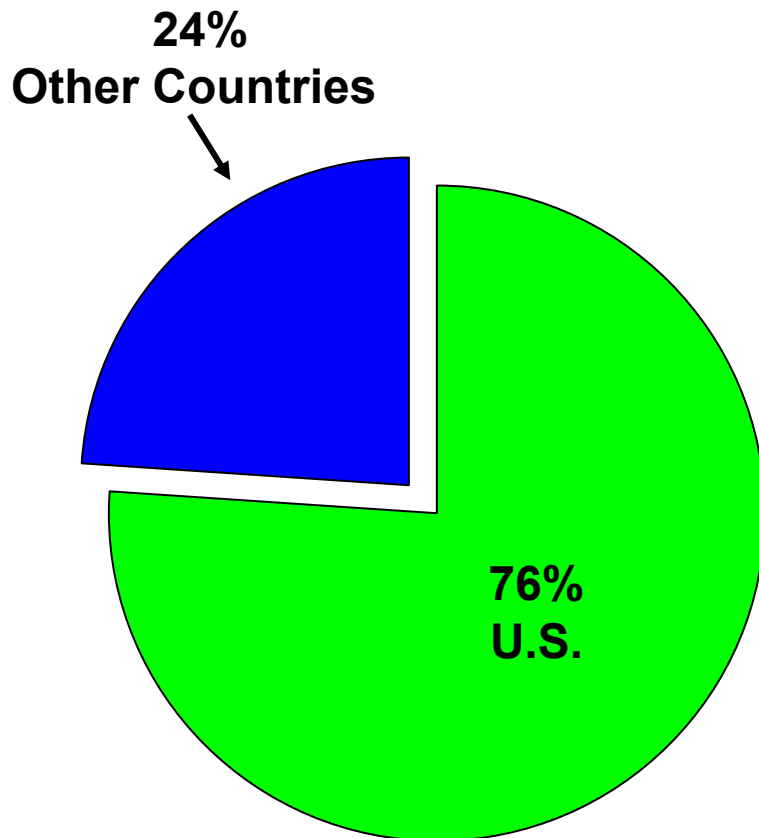


## **Reviewers**

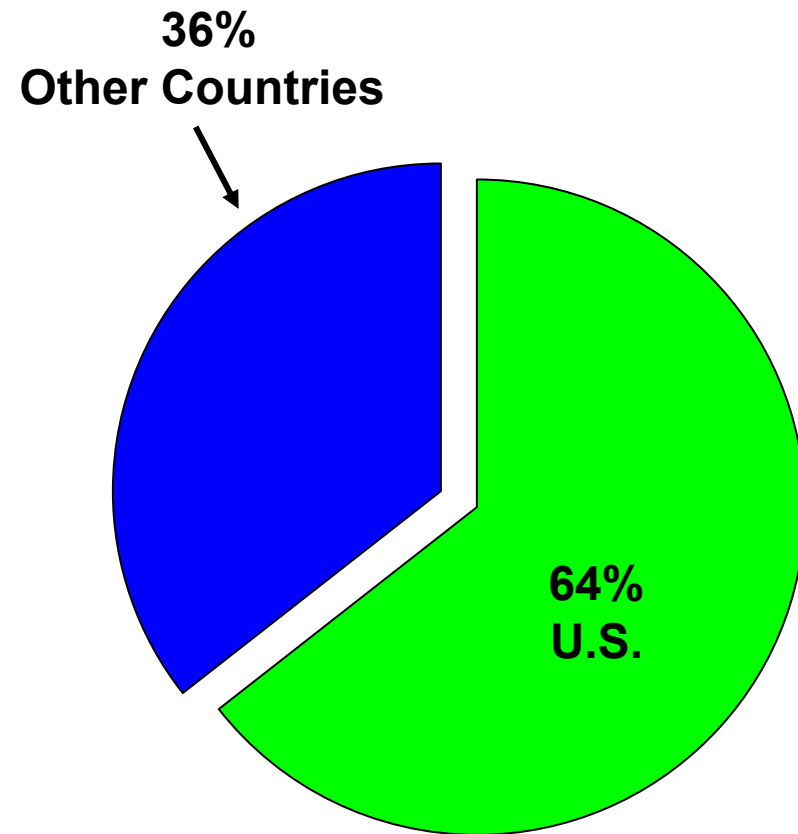
- **No financial compensation**
- **Review for:**
  - Accuracy
  - Currency
  - Suitability for healthcare providers

## Laboratories

**2001** (N = 498)



**2006** (N = 642)



## **Clinics**

### **Countries with clinics listed with GeneTests**

**Argentina**

**Australia**

**Austria**

**Bahrain**

**Belgium**

**Brazil**

**Canada**

**Chile**

**Czech Republic**

**Denmark**

**Egypt**

**France**

**Germany**

**India**

**Israel**

**Italy**

**Japan**

**New Zealand**

**Norway**

**Portugal**

**Russia**

**South Korea**

**Spain**

**United Kingdom**

**United States**

# **Integrating genetic services into patient care**

- Acknowledgments
- **Education issues**
- Help us improve GeneTests

# Education Issues

## Vocabulary

- Geneticists talk “funny”
- Do we really know what we are saying?

# Vocabulary: What are we saying?

## Sporadic vs Simplex: Recurrence risk implications

- Sporadic = Chance event
- Simplex = Single occurrence in a family
  - ▶ Autosomal recessive
  - ▶ X-linked
  - ▶ Autosomal dominant: *de novo* mutation, reduced penetrance
  - ▶▶ Alternate paternity/adoption

# Education Issues

## Disease naming

- Gene-based lumping and splitting of phenotypes
- What disease is this?

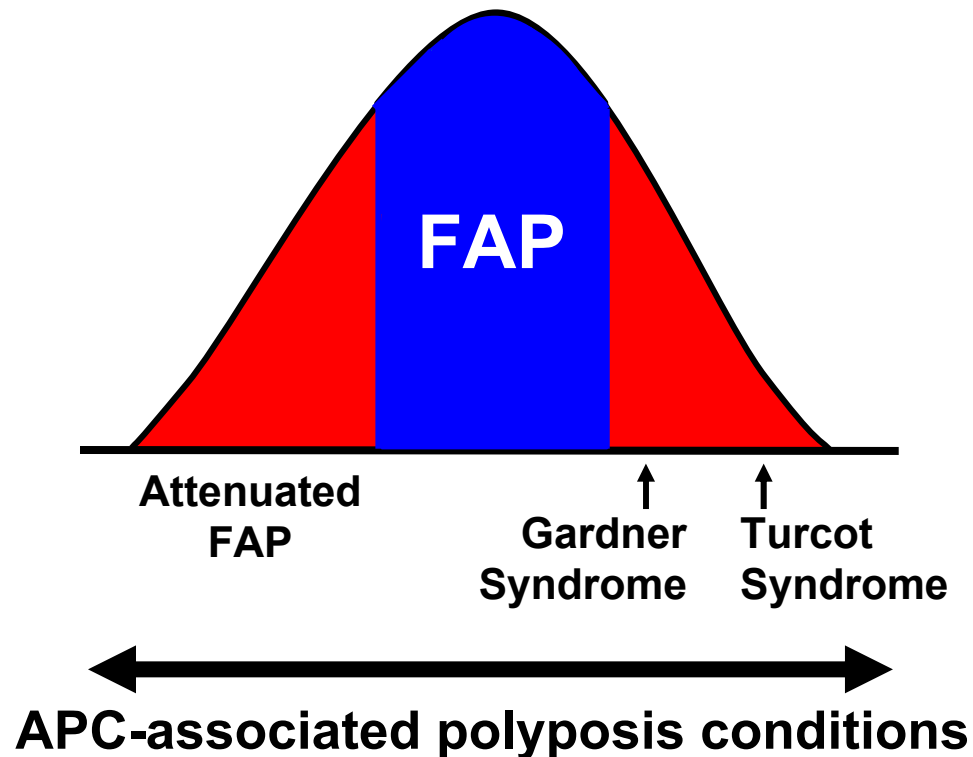
# Disease naming: What disease is this?

- **Laboratory:** Testing detects alterations in a gene, not a phenotype
- **Clinician:** Patients present with altered phenotypes
- **Disease name:** Relate to genes for laboratories; relate to phenotypes for clinicians



# Disease Naming

1. Pre-gene discovery: Phenotype is narrowly defined  
– Essential to gene discovery
2. Post-gene discovery: Phenotypic spectrum expands  
as patients are tested – Essential to patient care



# Naming Hierarchy

**Altered gene**

**APC-Associated Polyposis Conditions** **Testing**

**Phenotypes**

Attenuated FAP

Familial Adenomatous Polyposis

Gardner Syndrome

Turcot Syndrome

# Naming Hierarchy

Altered gene	<b><i>FMR1</i>-related disorders</b>	Testing
Phenotypes	{ Fragile X syndrome FMR1-related premature ovarian failure Fragile X-associated tremor/ataxia syndrome	

## **Incorporating genetic services into patient care**

- Acknowledgments
- Education issues
- **Help us...**

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# Help us... improve GeneTests

## Contact us:

- Errors
- Ideas to improve the site
- Potential collaborations

## Refer:

- Labs/clinics
- New users

**Volunteer:** Write a *GeneReview*

**Assign students:** Projects????

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Thank you for this honor

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